

FAIRFAX COUNTY PARK AUTHORITY

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For Immediate Release

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Find Your Way to Riverbend's Orienteering Fun

If you love maps and exploring the great outdoors, follow the needle as it guides you north toward the Fairfax County Park Authority's northernmost park – Riverbend along the shores of the Potomac River! On Saturday, February 16, 2008, from 9:30 to 11 a.m., parents can guide their children into Riverbend Park's Visitor Center for an orienteering workshop appropriate for beginners.

The class will cover basic compass and map reading skills and teach students how to correctly follow coordinates. Following the short lesson, children will face "Mother Nature" and find their way through the woods with park-provided maps and compasses.

Orienteering is a sport that can easily be enjoyed by the entire family, regardless of age or skill level. Once your child is familiar with the famous "thinking sport", look for more family orienteering activities offered this spring at local parks.

This beginner's program is appropriate for children ages 8 to 12. Reservations and prepayment of \$6 are required. Participants should remember to dress appropriately for the weather.

Riverbend Park Nature Center is located at 8700 Potomac Hills St. in Great Falls. To make a reservation, please call 703-759-9018.

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